

a feast fit for fido!

simple tips to create a cornucopia of thanksgiving recipes for dogs ...that the cat would approve of too!

✂️ mutt's menu 🐾

cocktail paw-ty
pumpkin smoothies

light bites
paws-itively peanutty
crudités

palate cleanser
simple sorbet

entrée
roasted turkey
medallions

dessert
scrumptious sweet
potato cookies



🐱🐶 = yummy to both dogs & cats 🐶 = yummy to dogs

🍹 cocktail paw-ty

pumpkin smoothies



While your guests sip cocktails, dogs can wet their whistles with this creamy pumpkin drink that's packed with fiber and digestion-friendly probiotics. **Bonus:** freezes well for longer-lasting licking!

ingredients

½ c. canned pumpkin puree
½ c. plain non-fat yogurt

directions

1. Place pumpkin and yogurt in a blender and blend on high until smooth.
2. Evenly pour mixture into 8 small paper cups. Refrigerate overnight or serve right away.

Yields: 8 servings | Calories per smoothie: 13

why we love it:



Pumpkin is packed with fiber and vitamin A and can help soothe upset stomachs.

tip

If there are fewer than eight paw-footed Pilgrims at your party, freeze the rest for a Black Friday treat!

light bites

paws-atively peanutty crudités 

Hors d'oeuvres may be off-limits, but furry friends can still snack on something savory. Try these easy ap-paw-tizers for a crispy, crunchy first course.

ingredients

8 Baby carrots
8 Apple slices
8 Celery sticks (no longer than 4")
Natural unsalted creamy peanut butter

directions

1. Spread peanut butter onto each carrot, apple and celery stick and arrange on a small plate.
2. Let pets sample one of each treat.

Yields: 8 servings | **Calories per serving:** 122

why we love it:



Baby carrots are low in calories and high in beta-carotene.

tip

Prepare these the night before Thanksgiving, while you're prepping veggies and apples for the big feast. Just chop, then pop them in the fridge overnight!

palate cleanser

simple sorbet 

Tickle tongues between courses with this refreshing, frozen snack. Prepare the night before so you have plenty on paw during dinner.

ingredients

Ice cube tray
Diced banana, carrot, apple or blueberries
Water (or for cats, meat broth)

directions

1. Fill tray about half full with water. Add banana, carrot, apple or blueberries and freeze.
2. For feline friends, simply fill the tray with meat broth and freeze.

Yields: 14 servings | **Calories per treat:** 5-9

why we love it:



Apples are a good source of fiber, helping to clean teeth and freshen your pet's breath.

tip

Because they take longer to lick, these treats are paw-fect for keeping roving noses busy (and out of the way!) while you're carrying plates from kitchen to table.

 dinner is served

roasted turkey medallions

Slice a few slivers when the turkey comes out of the oven to create these mouth-watering morsels. Baking them is so quick and easy, they'll be done by the time the turkey hits the table.

ingredients

6 oz. white meat turkey
 ½ c. chopped carrots
 ½ c. ground quinoa or oatmeal

directions

1. Preheat oven to 400°.
2. Place turkey and carrots in a food processor and blend until smooth.
3. Add ground quinoa or oatmeal and blend until mixed.
4. Roll into 1-inch balls and place on a non-stick cooking sheet.
5. Bake 15 minutes.

Yields: 30 servings | **Calories per medallion:** 17

why we love it:



Turkey provides potassium and essential amino acids and is a protein-packed snack.



This Thanksgiving dinner for dogs is purr-fect for feline friends, too!

 just desserts

scrumptious sweet potato cookies

Feed something sweet without all the sugar; a boost of beta-carotene and punch of potassium make these cookies a healthy coda to Thanksgiving dinner.

ingredients

1 large cooked sweet potato
 1 banana
 ½ c. quinoa flour
 ½ tbs. vegetable oil

directions

1. Preheat oven to 350°.
2. In a medium-size bowl, mix the sweet potato and banana until well blended.
3. Add the vegetable oil, then mix in the quinoa flour.
4. Drop dough by the teaspoon onto a non-stick baking sheet and lightly flatten each cookie.
5. Bake for 30 minutes and let cool before serving.

Yields: 8 servings | **Calories per cookie:** 14.4

why we love it: *Sweet potatoes are high in Vitamins A and C and contain antioxidants that help prevent*



cancer and fight the effects of aging.



This recipe makes a cornucopia of cookies — enough to send guests home with a doggie bag for their four-legged family members!

game plan

pregame **thanksgiving week**

After shopping for your own meal, set aside what you'll need to make the Mutt's Menu. Create a drop space for ingredients (one inside the fridge and one outside).

✓ **Non-perishables:** pumpkin puree, 1 apple, peanut butter, 2 bananas, 1 sweet potato, ground quinoa or oatmeal

✓ **Perishables:** yogurt, baby carrots, celery

kickoff **the night before thanksgiving**

Three of the recipes can be made Thanksgiving Eve to make Turkey Day an easy touchdown (no hurry-up offense necessary!). Prepare the:

✓ **Pumpkin Smoothies**

✓ **Paws-itively Peanuty Crudité**

✓ **Simple Sorbet**

Store the sorbet in the freezer and the others in the fridge.

first + goal **thanksgiving morning**

✓ **Prep** the turkey medallions and sweet potato cookies.

✓ **Time out:** You can give them a time out in the fridge until you're ready to bake.

endzone **dinner preparation**

✓ **350°**
While heating a dish for your main dinner, pop in the sweet potato cookies for your pup. Bake for 30 minutes.

✓ **400°**
Once you've tackled the turkey, slice off 6 oz. of cooked white meat to add to the medallion mixture and roll into 1-inch balls. Slide these treats into the oven for 15 minutes while you're cooking up something for two-legged guests.

touchdown! **dinner is served**

Enjoy the fruits of your labor (and the cheers from your feasters!) during your Turkey Day dinner.

✓ **Extra point:** Stock up on doggie bags to send leftovers home with two- and four-legged guests!